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## Generations family practice cary

Generations Family Practice is excited to welcome new patients! To schedule your first appointment, please call 919-852-3999 or fill out our contact form. Note that this is a request for an appointment, and you will be contacted to confirm the actual time. We look forward to working with each of you as partners in your healthcare. Our team is proud of the care we provide, and we encourage you to learn about our providers and services. Before or after your appointment, feel free to reach out with any questions or comments - open communication helps us meet all your healthcare needs. For your first visit, please complete your New Patient Registration Form online beforehand to maximize your time with your provider. Arrive 30 minutes early if you haven't filled out the form, and 10 minutes early if you have. Bring important information such as: \* About You: Complete the Health Interview in our Patient Portal before your appointment \* Your Medicines: Bring any prescription or over-the-counter medications, vitamins, and supplements \* Medical Records: Request that former healthcare professionals send us your medical records \* Insurance & Payment: Bring your co-payment, deductible amounts, insurance card, and completed Financial Policy \* Photo ID: For some specialty services, providers may have varying hours New patients can expect a comprehensive check-up to evaluate their overall health and wellness. This typically includes: \* Review of health history and family health history \* Discussion of any changes or concerns \* Thorough physical examination covering head-to-toe assessment, including mouth and ears, pulse, skin, and heart and lungs \* Customized examinations based on individual health circumstances We've recently moved to a new location at 1021 Darrington Drive, Suite 101, Cary NC 27513. Click the Google Map for directions. At Generations Family Practice, managing blood sugar levels is crucial for individuals with diabetes. This entails working closely with healthcare specialists to maintain recommended blood glucose levels through a comprehensive strategy. Factors such as diet, exercise, and medication can significantly impact blood sugar fluctuations, making it essential to monitor and adjust lifestyle accordingly. A balanced approach includes eating nutrient-rich meals, tracking carbohydrate intake, controlling portion sizes, and limiting sugary beverages. Regular physical activity helps improve insulin sensitivity, while proper medication management, including accurate insulin use, is vital for maintaining safe blood glucose ranges. Effective blood sugar management has numerous benefits, preventing complications associated with diabetes such as heart disease, nerve damage, kidney failure, and vision problems. By continuously monitoring glucose levels and understanding how different factors affect them, individuals can make informed lifestyle adjustments to manage their condition more effectively. Due to severe weather conditions, our office will be closed on February 20th, 2025, but we're available for telehealth visits! We apologize for any inconvenience and appreciate your understanding. New providers are joining us soon - contact our office to be added to the waitlist. Preventive care is vital for a healthy lifestyle. Are you due for a regular physical or need a check-up for sports? Our team at Generations Family Practice in Cary will ensure you receive personalized wellness and preventive care. We treat acute and chronic COVID cases, but don't let fear of healthcare stop you - we want you to feel comfortable. We offer same-day appointments and feature two family medicine providers trained in osteopathy who perform osteopathic manipulative treatment (OMT). Our staff provides high-quality medical care for families of all ages living in Cary, NC, and surrounding areas. Check out our offers, appointment requests, patient reviews, and feedback. We're committed to delivering exceptional services to our patients. Call us today! We're blown away by Generations Family Practice's amazing team! Shannon D. raves about the practice, saying they offer top-notch care that makes you feel at ease. The Generations FamilyPractice provides comprehensive primary medical care for all ages - from newborns to seniors. Their services include well-baby and well-child care, adolescent medicine, adult health services, behavioral health services, and geriatric care. Studies show that patients who receive high-quality primary care tend to have better outcomes, lower healthcare costs, and lower mortality rates. Generations Family Practice is a Patient-Centered Medical Home (PCMH), which means they prioritize patient-centered care. As part of the Key Physicians network, you can be confident in receiving top-notch care from their team of specialists. The US healthcare system is evolving, and it's about time! With increasing costs and decreasing access to quality care, networks like Key Physicians are becoming increasingly popular among patients and physicians alike. The Patient-Centered Medical Home concept puts the patient at the forefront of their healthcare experience, with their primary care physician acting as a dedicated care manager. The benefits of the Key Physicians network for patients include: \* Better collaboration between physicians \* A true partnership with your physician to manage your health on an ongoing basis \* Enhanced access to after-hours care through extended hours and Saturday service \* More accurate and timely care management through secure technology solutions \* Greater choice in healthcare providers Generations Family Practice is committed to providing the highest quality of care, with dedicated patient care coordinators helping you stay healthy and manage chronic conditions. Generations Family Practice, Pa is a family medicine clinic located in Cary, North Carolina. As an open network, patients have the freedom to choose their physicians and receive more control over their healthcare. The NPI number for this practice is 1407902059, and it can be contacted at 919-852-3999 or faxed at 919-825-3444. The clinic's address is 1021 Darrington Dr Ste 101, Cary, North Carolina 27513-8158. The provider organization for Generations Family Practice, Pa is GENERATIONS FAMILY PRACTICE, PA, with Ashley Long serving as the authorized official and credentialing/enrollment specialist. The practice has a long history, dating back to its establishment on January 26, 2007. Generations Family Practice, Pa offers family medicine services, which are defined as the medical specialty that concerns itself with the total health care of individuals and families. This includes integrating biological, clinical, and behavioral sciences to provide comprehensive care. The practice also operates as a preferred provider organization (PPO), allowing patients to seek care from any participating physician or facility. Additional details about Generations Family Practice, Pa can be found on their website or by contacting them directly.