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## Trip sheet pdf

To top sheet or not to top sheet? That is the question.The first time I went to Europe, I wound up partly unmaking my hotel bed as I was getting into it. I was exhausted, jetlagged, and wanted desperately to slip between the sheets and get some sleep. But there were no sheets to slip between: when I pulled back the duvet, I saw only a sheet covering the mattress. I flipped the comforter back down, checking to make sure I hadn't inadvertently pulled the top sheet back with it. I hadn't. Maybe the sheet was just really tightly tucked around the mattress and I had mistaken it for the bottom sheet? I started pulling the sheet off the mattress and discovered that no, there was just one sheet there. Too tired to puzzle through it any further, I re-tucked the sheet under the corner of the mattress and slipped under the duvet, no top sheet present.In the morning, I considered asking about this peculiar bedding arrangement at the front desk, but decided to first Google it. And I saved myself some embarrassment by doing so, because it turns out that in many European countries, top sheets as we know them just aren't a thing. Instead, duvet covers coordinated to the fitted sheet and laundered as often as the rest of the linens are all that you have to sleep under.And this style of bed-making is catching on in the states. Sheet sellers like Parachute and Wright allow you to add a flat sheet to your order, but their default is to send bedding sets without, and in the years since my first trip abroad I've stayed in more than a few American hotels that had eschewed a top sheet in favor of a crisply-covered duvet.So what's the deal with top sheets? Do you really need them?Writers and commentators seem torn on this. In 2016, when GQ published articles arguing both for and against top sheets—the former calling the decision not to use one “disgusting”—I watched my Twitter feed erupt into a top sheet debate. (This might also be a sign that I should cull my Twitter follows a bit.) And the topic resurfaces on Twitter frequently enough that typing “flat sheet” into the search bar showed me debates on the topic happening as recently as the writing of this very paragraph.As many opinions as there are on flat sheets, there doesn't seem to be a right answer in terms of whether they're actually necessary. It's really a matter of preference. Without a top sheet, you have to wash your duvet as often as you wash your fitted sheet and pillowcases. So if you really hate having to get your duvet back into the duvet cover (guilty as charged), you probably don't want to wash it that often, making the flat sheet a more attractive choice in your bed-making. Flat sheets are also great if you and your partner tend to sleep at different temperatures; you can keep a light covering over your body while they snuggle under the blanket. (This might also be an argument for Scandinavian-style, split-comforter bed-making, but we'll leave that debate for another day.) And, not to be too gross about it, but flat sheets can provide an extra layer of protection between your body and your comforter, to protect it from, shall we just say, bodily fluids—and to protect you from a fun trip to the dry cleaner.If, on the other hand, you think making your bed is a chore or you always wind up tangled in your top sheet rather than resting comfortably beneath it—and you're willing to commit to laundering your duvet cover (and sometimes your duvet, too) more regularly, you might find that you enjoy sleeping like the Europeans do.So are top sheets really necessary? That's your call. As for me, I'm not ready to go transoceanic with my bedding choices just yet.Get the latest deals, discounts, reviews, and giveaways! Are you sick of your current sheet set? Well then it's time to say hello to the new bedface sheets. Bedface is a new bedding company looking to improve the online sheets and bedding industry. With over 24 colors available, bedface allows you to mix and match your sheets to create your own masterpiece. This week Sleepopolis has decided to put this new company to the test.Will bedface's colorful customization be a hit? Continue reading below to find out!In a bit of a hurry? No worries. Click here to jump on down to the review summary!Construction & MaterialsThe bedface sheets are constructed from a 100% long-staple cotton. Typically, a sheet set includes a fitted sheet, a flat sheet, and 2 pillow cases. Bedface has taken a different route. They offer 3 different sets to choose from. For our purposes, we reviewed the popular sleep set which includes a fitted sheet, a duvet cover, and 2 pillow cases.These sheets are slightly thicker than most and are designed to become softer with every wash. The duvet cover has a hidden button enclosure for added durability and a smoother aesthetic. The fitted sheet has an elastic band that covers the ends of the mattress. The sides of the fitted sheet are similar to a flat sheet, meaning there is no elastic band running down the sides of the mattress. Finally, the pillow cases contain an envelope enclosure. This allows for a tighter fit around the pillow in addition to avoiding the sloppy, extra fabric. These sheets are built from bigger threads inside of a looser weave, allowing for optimal breathability.bedface sheetsBuild QualityOverall, the bedface sheets seem to have a good build quality. I determine this by examining every inch of the stitching, material quality, and overall construction.After close examination of these sheets, there were virtually zero loose threads. The few loose threads that I did find were easily removable. While not all of them could be pulled out of the set, the few remaining did not seem as if they would cause any sort of additional damage to the set. The pillow cases were flawless and the fitted sheet had a nice, snug fit all the way around the mattress.bedface sheets – King size on platform bed (duvet, fitted sheet, and pillow cases)Durability & Performance TestsAs I tested the bedface sheets, I focused on a few main points.For starters, shrinkage. The most common complaint regarding sheets tends to be shrinkage. There is nothing more frustrating than purchasing a new sheet set only to watch it shrink drastically after just one wash / dry cycle. Following shrinkage is thread examination. Are there any loose threads? Have any loose threads become worse through normal usage? Have any new threads popped up after washing and drying the sheets? Lastly, I test the colors / dyes used in the sheets in search of low quality materials (run off, bleeding, etc.).Shrinkage TestShrinkage tests are a crucial part of the testing process. In order to measure shrinkage across the sheet set I start with taking measurements of the flat sheet and a pillow case (prior to wash / dry cycle). These measurements will serve as my baseline for comparison. Next up, I run the sheets through a standard wash and dry cycle and take new measurements after the cycle is complete. After doing so, I compare the original measurements to the new set and determine the overall shrinkage after one wash / dry cycle.The bedface sheets showed some of the small shrinkage levels of I've see, but especially small compared to other 100% cotton sets. The duvet cover shrank 3.14% (compared to the original size) and the pillow case shrank 2.90%. Anything under 5% shrinkage is good.Shrinkage test – duvet cover shrank by 3.14% after wash / dry. Pillow case shrank by 2.90% after wash / dry.Damage TestThroughout this test I take a deeper look into the sheet set for any new or additional damages that may have been a byproduct of normal usage or standard wash / dry cycles. Upon further review, the bedface sheets seem to have held up well. After my testing period + washing / drying there were no new issues among the sheets and the existing loose threads had not grown in length.Color TestThe color test is used to show any color / dye run off (if any) from the sheets. To kick this test off, I completely soak a pillow case in warm water and allow the pillow case to fully absorb the water. Next, I ring out any excess water with my hands. Immediately following, I place the pillow case on top of a bed of paper towels. Finally, I firmly press a rolling pin against the pillow case and examine the paper towels for any sort of color run off. The bedface sheets did not show any signs of color or dye run off, indicating that they are made from quality dyes and cotton.bedface sheets color test – zero color transferFeel, Cooling, & StyleThe bedface sheets have an interesting feel about them. Most cotton sheets I have tested are thinner and very soft. In this case, the bedface sheets are thicker than most and on a scale of 1-10, where 1 is the softest, these sheets land around a 4. Oddly enough, bedface is able to make this combination work. With these sheets, I felt as if I was welcomed by a more rustic, yet comfortable and lived in feel. While it may sound strange, the bedface sheets are quite comfortable, even though they are not as soft as your traditional cotton sheet set.Close up of the bedface sheet sets, showing duvet, pillows, and fitted sheetCooling was another added bonus with this sheet set. Simply having a 100% cotton design is a major factor in the cooling and breathability of this set. Cotton just does a great job of allowing airflow between the mattress and sheets.Last but not least, style. While style may seem like a small portion of the pie, one who wants to spend a lot of money on an ugly sheet set (that I'm aware of), enter, bedface. With a litany of different colors and styles available, bedface is a great option for the sleeper who is looking to spruce up their bedroom's look. During my test I reviewed their feather grey and starglight white sleep set. Personally, I enjoyed having a white fitted sheet contrasted by a grey duvet cover and pillow cases.Aesthetically speaking, bedface just crushes it in my opinion. There are a litany of color options, sizes, styles, and set options. They have a set, color, style, and price point that works for a wide range of sleepers.Should I buy the bedFace Sheets?I would recommend the bedface sheets to sleepers who:Want 100% cotton sheets – made from 100% cotton, these sheets have a nice feel in addition to an increasingly softer feel with every wash.Want a slightly thicker sheet set – the bedface sheets contain a slightly thicker construction than most cotton sheet sets I have tested to date. The thickness of these sheets makes for a more welcoming and lived in feel. Additionally, they feel more durable.Want quality sheets – from head to toe, these sheets are constructed from very high end materials in addition to a solid build quality. I never once worried as if the sheets were going to hold up through a wash cycle or just through normal usage. The thicker and more robust feel gives me a great degree of confidence in bedface.Want to create your own color scheme – with 3 different style options and 24 different colors available, bedface allows the sleeper to mix and match their products, creating their own masterpiece of a sheet set. Materials Comfort Quality Value Cooling Shrinkage CompanySummaryMade from 100% long-staple cotton, the bedface sheets have a very nice, lived in feel about them. With a slightly thicker texture, these sheets contain a strong build as well as a durable feel to them. These sheets are available in 24 different colors and provide sleepers with the option of mix and matching colors in order to create their own personal masterpiece. Additionally, the bedface sheets are designed to become increasingly softer with every wash. Get the latest deals, discounts, reviews, and giveaways! Jersey sheets are known for having a cozy, breathable, T-shirt-like feel that's perfect for summertime or sleepers who run hot. But with hundreds of jersey sheet sets on the market, the process of shopping for the perfect one can be a little overwhelming! That's why I've rounded up the top four jersey sheet sets right here in this guide. Plus, I'll impart my personal methodology behind sheet shopping so you've got all the information you need to make the best buying decision.Best Jersey Knit SheetsEditor's PickAmazonBasics Heather Cotton Jersey Bed Sheet SetThe AmazonBasics Heather Cotton Jersey Bed Sheet Set is my choice for jersey sheet sets. These stretchy-smooth sheets are knit using pre-dyed yarn for a sophisticated heathered effect. The AmazonBasics jersey sheet set is available in 5 colors and comes in twin-king sizes. This sheet set is made in OEKO-TEX Standard 100 factory and is machine washable. Pros:Colors. The chic, heathered colors of these sheets would work with the decor in almost any bedroom.Safety. These sheets are OEKO-TEX® certified, which means they are free of harmful substances and produced using environmentally friendlier methods.Soft. These sheets have a light, cozy quality and feel pleasantly cool to the touch.Cons:Deep pocketed. This will be a pro for sleepers with toppers or high profile mattresses but felt a little baggy on my 10 inch memory foam bed. May pill over time. I've noticed a small area of pilling after a few washes — hopefully this won't increase with use AmazonBasics Heather Cotton Jersey Bed Sheet Set The AmazonBasics Heather Cotton Jersey Bed Sheet Set are light and cozy and come in great color options.Best on a BudgetGreat Bay Home Jersey Knit SheetsThe smooth and budget-friendly Great Bay Home Jersey Knit Sheets get my nod for best bargain. These 80% cotton, 20% polyester sheets are available in 6 classic colors and 2 stripe patterns. This lightweight set is machine washable and fits mattresses up to 17 inches deep. Pros:Colors. The classic, true-to-the-pics colors of these sheets would work with the decor in almost any home. I was particularly fond of the navy stripes.Price. These sheets are soft to the skin, stretchy, and a fabulous deal to boot. At this price, you can grab a spare set for every bedroom in your house.Cool. The Great Bay Home sheets have very little weight and are a good option for warm sleepers and sunny climates.Cons:Not 100% cotton. This may be a dealbreaker for sleepers who prefer natural bedding.Workmanship. The Great Bay sheet set didn't seem quite as sturdy at the seams as some other jersey knit sheets I tried Great Bay Home Jersey Knit Sheets The Great Bay Home Jersey Knit Sheets sleep cool and are affordably priced.Best Fitted SheetLifetown Jersey Knit Cotton Fitted SheetMy top pick for best fitted sheet is the Lifetown Jersey Knit Cotton Fitted Sheet. This 3 piece sheet set comes without a top sheet for folks who sleep without one or like to mix and match bedding. This 100% cotton set includes 2 pillowcases and is available in 7 solid colors, including blush gray and light coffee. Pros: Soft. The naturally silky cotton jersey was among the smoothest to the touch of any of the sheets I tested.Great for lower profile mattresses. In a world of loose, deep pocketed sheets, this one offers a nice, snug fit on beds that are 15 inches thick or less 100% cotton. There's no polyester in this sheet set, just pure jersey softness.Cons:No full size option. This sheet seems like a shoo-in for teenagers and kids who prefer to sleep without a top sheet. A full size option would be a nice addition.A tad pricey. This comes in at the higher end of the price range for a set without a top sheet Lifetown Jersey Knit Cotton Fitted Sheet The Lifetown Jersey Knit Cotton Fitted Sheet are soft and made from 100% cotton.Best for CoolingDELANNA Jersey Knit Sheet SetMy choice for best cooling jersey sheets is the Delanna Jersey Knit Sheet Set. These soft and airy sheets are made from 80% polyester with 20% polyester for durability. This machine-washable sheet set is available in 13 colors and 5 sizes including twin XL.Pros: Wrinkle-resistant. The Delanna sheet set has all the softness of cotton jersey with the wrinkle-free care of a cotton/polyester blend Lightweight. These cool, breathable sheets are great for summer months and hot sleepers all year round.Price. A jersey knit sheet set at this price point is too much of a deal to pass up.Cons:Stitching. The stitching was loose at one seam on the set I tested — this could be an issue after several washes.Few patterns. These sheets come in an appealing selection of solid colors, but a few more designs would be a nice option DELANNA Jersey Knit Sheet Set The DELANNA Jersey Knit Sheet Set is wrinkle-resistant and lightweight.How We PickedOkay, sleepers, now that you've seen my top four picks, let's talk about the methodology behind my decisions. At the end of the day, sheet shopping has a lot to do with personal preference. However, there are a few main factors to consider when you're trying to find the perfect jersey sheet set.MaterialsFirst thing's first — jersey refers to the style in which fabric is knit, not the specific material itself. That said, the large majority of jersey sheets are either made from cotton, polyester, or a blend of the two. So, it's best to take some time in determining which materials appeal to you most. Let's take a look at these popular options below:Cotton – Jersey sheets made from 100% cotton are going to be super lightweight and breathable, perfect for folks who run hot. Plus, they tend to offer a distinct T-shirt-like feel that sleepers praise for being uniquely cozy and soothing on the skin. However, pure cotton bedding is also likely to be more expensive, as it's made from natural materials.Polyester – Jersey sheets made from polyester are typically a bit heavier and less breathable as compared to pure cotton, but they're by no means heavyweight. Additionally, polyester is a moisture-wicking material, which might appeal to those prone to night sweats. Because polyester is a synthetic fabric, jersey polyester sheets are often the least expensive.Cotton/Polyester Blend – If you're looking for the best of both worlds, you might want to consider a cotton/polyester blend. They're mid-range in price, weight, and breathability, which makes them ideal for year-round use.Once you've settled on the material you like best, it's time to pay attention to sizing and dimensions.Sizing & DimensionsMost jersey sheet sets are offered in the full range of sizes, which includes Twin, Twin XL, Full, Queen, King, and California King. Rarely, you'll find a Split King size, but they are available (you might just have to do a little searching!)When you're trying to pick the size that's right for you, just go with the one that correlates with the size of your mattress. For example, if you sleep on a Queen mattress, go with a Queen sheet set. That said, there's a bit more consideration that goes into picking the right pocket depth.Every fitted sheet has a different pocket depth, and it's important to pick the one that'll best fit your mattress. If you sleep on a mattress that's 12-inches deep or more, you might want to shop specifically for deep-pocket sheets. Conversely, those who sleep on mattresses that are 10-inches deep or shorter might want to avoid deep-pocket sheets, as they can often be a bit too loose or baggy.Personally, I like to aim for fitted sheets that feature a full elastic band that spans the perimeter of the sheet. This way, the elastic puts a tight grip on your mattress and prevents it from slipping off while you snooze.Colors, Prints & PatternsIn my opinion, one of the best parts of sheet shopping is picking the colors, prints, and patterns that fit your unique style. Fortunately, jersey sheets are known for being offered in a wide variety of styles, which makes them a great pick for kids, teens, and adults alike. That's why you might want to take your time in determining which colors appeal to your personal aesthetic. Some bedding brands only offer bright colors and design, while others stick to a more muted color scheme. Remember — every brand is different, and it's worth it to find the one that reflects your personal taste best.One thing to note, though, is that colored jersey sheets can fade a bit over time. This is normal, but you might want to factor that in when you're making your purchase. For example, if you see a bright red sheet set, try to imagine what it'll look like about one shade lighter.Wash CareOne of the great things about jersey sheets is that they're almost always easy to care for. In fact, I don't think I've ever encountered a jersey sheet set that couldn't be washed and dried by machine. So, if you're looking to avoid high maintenance bedding, jersey knit sheets are a great way to go.That said, it's always a good idea to follow the exact care instructions as given by the bedding brand itself. Ultimately, no one knows how to care for your sheets better than the folks who made them, and employing proper wash care is a failsafe way to protect your investment and make your sheets last longer!As for me, I like to let my jersey sheets air dry in the sun, as this can guard against color fading and general wear.PricingJersey sheets are knit rather than woven, which generally makes them less expensive than most bedding on the market. Of course, price also depends upon materials, and you'll probably find that jersey cotton is a bit more expensive than jersey polyester.Regardless of which material you choose, I suggest taking advantage of a brand's trial period when it's offered. Being able to personally test a product is a great way to determine whether or not it's really worth the dough. But remember to take careful note of each brand's trial period, as every retailer's policy is different.Sleepopolis Buying TipsNow that we're nearing the end of my guide, let's recap a few helpful tips that'll guide you in your search for the best jersey sheet set.Heathered Effect – If you're looking for a jersey sheet set that has specks of colors interwoven within the fabric, you're most likely thinking of heathered jersey sheets! This style of knitting is very common in jersey bedding, and you can shop specifically for heathered cotton or polyester.OEKO-TEX Certification – Folks with allergies or sensitive skin should keep an eye out for the OEKO-TEX certification, as this seal guarantees that no harsh pesticides, dyes, or chemicals were used in the manufacturing process.Wash First – I urge you to wash your sheets before you sleep on them, as they can pick up some packaging residue in transit. Essentially, your bedding is not necessarily clean even if it's brand new!Final ThoughtsWell, folks, now that you're all experts on jersey sheets, you're well on your way to picking the sheet set that's right for you. In the meantime, take some time to consider all the material details, sizing preferences, and style ideas you have in mind! After all, your bedroom should be your personal oasis of calm. Happy shopping!Get the latest deals, discounts, reviews, and giveaways!

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